Pleomorphic Adenoma of Ectopic Salivary Gland Tissue in the Upper Neck

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Introduction

Pleomorphic adenoma also known as “mixed tumor” is the most common neoplasm in major salivary glands. It is a benign tumor arises from the parotid gland in 84% of cases and represents 45% of parotid gland tumors [1]. Only 6.5% are found in the minor salivary glands [2]. Salivary gland tumors occurring in ectopic sites are rare and poorly understood; sometime we can find heterotopic tissue arising from an aberrant salivary gland in external auditory canal, nasal cavity, tongue, tonsils and neck [3]. The presence of pleomorphic adenoma in the upper neck, along the anterior border of the sternocleidomastoid muscle is extremely rare. Only five cases of ectopic mixed salivary gland tumors in the upper neck in adult patients have been reported [4-7]. This article describes another case of pleomorphic adenoma occurring in the upper neck followed by a literature review in order to identify the major characteristics and differential diagnosis of such a rare disease.

Case Report

A 59 year old man presented as an outdoor patient complained of a painless mass in the right neck for approximately 3 months. There were no other symptoms, no clinical evidence or family history. In a physical examination the mass was found to be located in the right level II, below the right mandible angle, lying on the anterior border of the right sternocleidomastoid muscle. An ultrasound scan of the neck showed a hypoechoic, well-defined nodule measuring about 3.08 × 2.44 × 2.26 cm in size in the right submandibular area (Figure 1). Fine-needle aspiration cytology (FNAC) of the lesion reported no presence of malignant cells. In a CT scan of the neck we found a 2.43 cm heterogeneously enhancing nodular lesion with well-defined margins in right level II (Figure 2). No invasion into the surrounding tissues was observed. The lesion was completely excised under general anesthesia.

The surgical specimen consists roughly of one brownish elastic tissue fragment measuring 3.2 × 2.4 × 1.8 cm in size and in a fresh state (Figure 3). Histologic examination revealed a well demarcated nodule consisting of proliferative epithelial cells and myoepithelial cells with focal ductal differentiation and myxoid to chondroid matrix in focal areas (Figure 4). The immunohistochemical study demonstrates CK7 (+) in the...
epithelial cells and P63 (+) in the myoepithelial cells. The CD117 stain shows focal weak expression. The Ki-67 labeling index is very low. Scant salivary gland tissues are seen in the peripheral area. In conclusion, pleomorphic adenoma (mixed tumor) is considered.

The post-surgical course was normal and the patient was discharged two days later. There is no sign of local or distant recurrence in six months after first operation.

Discussion

Pleomorphic adenoma originates from the epithelial and myoepithelial cells of the intercalar ducts and is characterized histologically by different types of tissues (glandular, epithelial, myoepithelial, myxoid, fibrous, chondral, and bony) [8]. It is the most common type of salivary gland tumor and the most common tumor in the parotid gland. The tumor is usually solitary and presents as a slow growing, painless, firm single nodular mass. The high cellularity and solid character of pleomorphic adenoma usually leads to misdiagnosis as more aggressive neoplasms. For this reason, histologic examination of the entire specimen is suggested. The potential risk of malignant transformation of the pleomorphic adenoma is about 6%, predominantly seen in female patients [9], and is increased by delay in diagnosis.

Typical locations of pleomorphic adenoma have been described to be in small salivary glands, accessory glands, or ectopic sites. Salivary tissues found in unusual locations is termed ectopic or heterotopic salivary tissues, as well as salivary tissue choristoma [10]. Salivary glands have been described to be in a variety of aberrant locations, including the hypophysis, cerebellopontile angle, middle ear, mastoid, auditory canal, tongue, palatine tonsil, thyroglossal duct, mandible, thyroid and parathyroid capsules, and sternoclavicular joints [3] In our literature review, the first description of ectopic salivary glands was recorded in 1789 [5].

Many theories have been put forward to explain the occurrence of this condition: abnormal persistence and development of vestigial structures, dislocation of a portion of definitive organ rudiment mass, and further development along with abnormal differentiation of local tissues. Now days, the best accepted theory is that the presence of heterotopic salivary tissues in the neck arises from epithelial remnants in the branchial apparatus [7,11-15].

Many papers have reported the presence of salivary heterotopic tissues in the neck, but the presence of salivary ectopic tissues in the upper neck area is extremely rare. Following a literature review, we found only five previous adult cases of pleomorphic adenoma in the upper neck. The first case of the tumor occurring in the neck was described by Pesavento and Ferlito [4] two years later Hulbert published the second case [5] followed by the third one reported by Ordonez et al. [6]. Domenico et al. reported the
fourth case in 2008 [7] and in 2012 Luksić et al. presented the fifth one [14].

Differential diagnosis of masses in the upper neck includes developmental anomalies (brachial cleft cyst, epidermoid cyst, thyroglossal duct cyst), infections, benign tumors (Warthin’s tumor, pleomorphic adenoma, neurogenic neoplasm), and malignant neoplasms (mucoepidermoid carcinoma, acinic cell carcinoma, anaplastic carcinoma, metastatic malignancy) [10,12,13]. In general, computed tomography (CT) of the neck is the most helpful test. It may differentiate solid masses from cystic masses, locate a mass within a glandular structure or identify it as a free nodal lesion, and differentiate congenital vascular lesions from lymph nodal chains. Fine-needle aspiration biopsy is useful in confirming clinical diagnosis of a cystic lesion and is appropriate before excision biopsy [12].

Mixed salivary tumors are the most frequent occurrences among ectopic neoplasm; they have the same percentage of recurrence but a higher percentage of cancerization than those occurring in major salivary glands [5,9,11]. Other tumors arising within ectopic salivary glands, within and beyond the confines of the neck, include adenolymphoma, adenoid cystic carcinoma, mucoepidermoid carcinoma, and anaplastic carcinoma [10,13]. Clinically, pleomorphic adenoma in the upper neck manifests as a lowly enlarging, painless and movable mass, while the lower cervical ectopic salivary tissue usually presents as a draining sinus [14]. The treatment for ectopic mixed salivary tumor endorsed by all authors is the complete surgical excision.

In the presence of a slow-growing unilateral mass in the upper neck, we should be careful with its diagnosis and treatment, which often present incidence of unexpected pathology to head and neck surgeons. Early diagnosis offers the possibility of a more complete excision with adequate care being taken not to disrupt the tumor in order to prevent local and distant spread of neoplastic cells. Long-term follow-up to exclude malignancy is mandatory, even if the tumor appears to be clinically benign and removed completely.
References


